

Do's and Don'ts for Male Employees

Do's

- Respect Women
- Value colleagues
- Talk Professionally
- Address women properly
- Maintain distance while conversing

Don'ts

- Talking sweet

Meri Jaan, Jaanu, Gori Madam, Lambe Balon wali Madam, Baby, Aurton ko har-roz baal dhone hote hai, honey, sweeties, sweethearts, babes, princess.
Such names send wrong messages & signals.

- Inappropriate Touching

Men should avoid touching women in the Workplace, Hugging,
Avoid putting hands on shoulder, knees or back
No Ashirwaad of any kind by touching

- Comments on Clothing

A person's body, sexual or gender based pokes, loud jokes or remarks, requesting sexual favours Humming or singing songs while women pass by.
Avoid complimenting 'apki dress achhi hai'.

- Threats

Spreading rumours about a person's personal life or sexual life

- Using Foul & Obscene language

Posters, Drawings, Pictures, Screen Savers, Cartoons, E-mails or Text of Sexual nature

- Staring (घूरना, एकटक देखना)

Gazing Constantly, fixed look with eyes wide open

- Leering (बुरी नज़र से देखना)

Unpleasant look, Looking in a lustful way

- Are you going to get pregnant again?

A woman coming back to work post pregnancy is no excuse to peep into her private life.

The harasser may not necessarily be the boss or superior, it can be anyone, colleague, subordinate, even a Chowkidar, peon or a liftman also.

Note Prepared by

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Comments / Suggestions / Complaints

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